

# Charlotte-Mecklenburg Schools

## Responsible Decision Making



- Classroom and Advisory Videos
- Discussion Questions
- Self-Reflection Questions
- Lesson Plans

Experts with the Collaborative for Academic, Social and Emotional Learning (CASEL) confirm that social and emotional learning (SEL) is essential to the school and life success of all children. Why? Our emotions and relationships affect how and what we learn. Emotions can enable us to generate an active interest and sustain our engagement in learning. On the other hand, unmanaged stress and poor regulation of impulses interfere with attention and memory and contribute to behaviors disruptive to learning. Studies confirm SEL benefits including reductions in child aggression, substance abuse, delinquency, and violence; lower levels of depression and anxiety; and increased grades, attendance, and performance in core academic subjects.

This guide provides a suggested order for putting **Connect with Kids** social and emotional learning video resources, along with discussion questions and activities, to work in the elementary school classroom. Business experts call it “see-feel-change,” fueling action by sparking emotion. Connect with Kids calls it **educating the heart**: using the power of storytelling and peer-to-peer connections to create heart-felt associations. Research shows that children and adults who emotionally connect with an experience are more likely to make life-long behavioral change than those who just receive information about that experience. Students realize that they are not alone in their feelings and learn to trust their teachers, classmates and themselves as they navigate social and emotional challenges that naturally occur in the elementary school years.

Search for the program title to find video and print resources, which all stream 24/7 via your Connect with Kids WebSource website subscription or custom school website.

### Questions?

Please contact Connect with Kids Client Support at [888.598.KIDS \(5437\)](tel:888.598.KIDS) or email [info@cwknetwork.com](mailto:info@cwknetwork.com).

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Title	SEL Notes	Documentary Story Description
Video Short <a href="#">Hi-Tech Cheating</a>	In today's technological world, young people need to make responsible choices about giving or receiving information that could help them or others cheat.	Kids today seem to be constantly texting. A survey of youth from Textplus shows teens are sending text messages during the school day as well. And what they're sending might be considered by some as high-tech cheating.
Video Short <a href="#">Violence &amp; Video Games</a>	Kids need to make smart, responsible decisions about the appropriate video games to play. By knowing the research on the possible effects of violence in video games, kids can make constructive choices.	Can the "virtual" violence in video games and other media make kids more aggressive in real life? Do these games help kids release aggression or do they teach them to be aggressive? It's an old debate and one that a university study has tried to answer.
Single Topic Videos <a href="#">Responsibility</a>	Responsible decision making requires thinking about the consequences of actions and the effects that choices have on others. Being responsible means making decisions that are constructive and respectful.	Ricky Stocks, Dane Scherbarth and Melanie Hoffman learned to stay safe by being responsible.